



EVERYTHING FOR BEAUTY

## Die Ästheteten – Medical Spa

There are many ways of looking more attractive and feeling better: from gentle medical beauty to anti-aging measures for inner beauty to relaxing cosmetic treatments and unusual spa rituals. In the Medical Spa “Die Ästheteten”, which is run by doctors, the latest methods, therapies and high-end technologies are concentrated under one roof.

The new professionalism saves customers a lot of travelling and numerous doctors’ appointments.



Previously there were few alternatives to cosmetic operations. But in recent years the measures for long-lasting skin rejuvenation and effective body forming have become more varied and often make the scalpel unnecessary. “With Medical Beauty we bring together aspects of medicine and cosmetics,” says Dr. Rösken, a specialist in plastic and cosmetic surgery. “The Philosophy of “Die Ästheteten” is to arrive at a medically sound and tailor-made beauty concept for the customer. Our services extend from innovative wrinkle treatment techniques and age-care analyses to body-forming programmes using gentle medical methods.” The highlights of the new treatments are: “mesoporation”, in which hyaluronic acid, vitamins and collagen are channelled into the skin using radio waves, or “Traylife”, skin rejuvenation using the patient’s own blood cells.



### *New: Body-Forming using Velashape and Cool Sculpting*

Effective body forming was previously usually associated with liposuction. Today it is possible without an operation. For example with Velashape, a combination of ultrasound and infrared treatment with vacuum massage. Or Cool Sculpting. The fat cells are permanently destroyed through controlled cooling. “asically there are various options for each type of correction or change. Unlike classic cosmetic surgeons or dermatologists we do not restrict ourselves to just one. The patients say which goal they would like to achieve, and in what period of time. We tell them which methods are available and they decide. Everything takes place under one roof. And if the patient does decide on an operation, then the Isartal-Klinik is our reputable partner.”

### *Pure luxury: design, roof terrace, outdoor cabin*

Ultra-modern interior design, stylish grey and white with contrasting shades of pink and grey, an illuminated wellness cocoon for special spa treatments. The 300-sq. m. Medical Spa offers a light, bright and airy setting. The spacious roof terrace

with its outdoor cabin is the undisputed highlight. “Sunset-Joy” in the open air, “Late Time Beauty” by candlelight (from June, every Thursday from 6 p.m. – 11 p.m.), “After Work-Relax” with full-body exfoliation, a sundowner after your massage with tea or Prosecco and sweet snacks in the lounge. “Of course we are also the right address if you just want to take some time off and let yourself be pampered.” The latest cosmetics products such as the revolutionary Cell CPR by Skin Nutrition can be found in Germany only at “Die Ästheteten”. The holistic topic of “Beauty and Wellness” is complemented by dietary advice and individual fitness programmes. Here the experts Dr. Esther Maué and Fitness Coach Özgür Günes are ready to help you. And so the Medical Spa “Die Ästheteten” is the perfect place to become more beautiful and feel better too.

### ■ DIE ÄSTHETEN

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